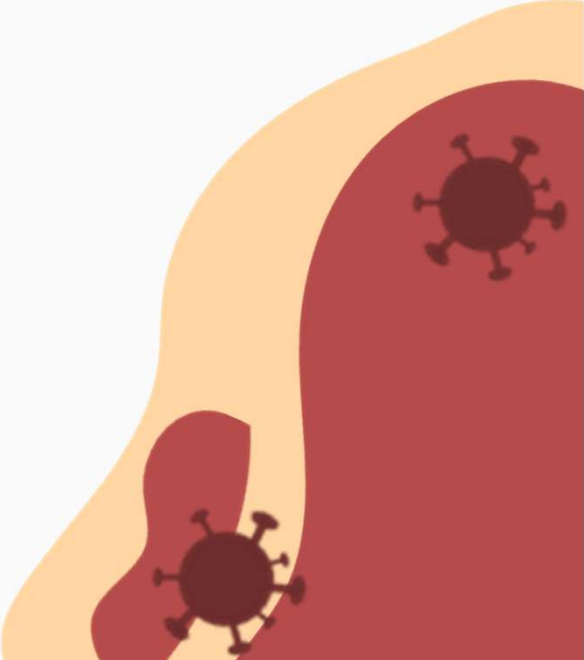


MY LOCKDOWN EXPERIENCE





INDEX

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 2. About me
 3. Book/film/TV series during the lockdown...
 4. Funny anecdote
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- 

MY FEELINGS DURING THE QUARANTINE....

These days I have had different feelings: I felt worried, happy, energetic, exhausted... But most of the time, I have been relaxed and happy because I live in a house with a garden, so the confinement hasn't affected me so much.

Also, I have taken an advantage of my time doing new things that I didn't have time to do when I was at school: I have learned new painting techniques, I have read some books, I have seen a lot of films and series...



01 BEST MOMENTS

The best moments were the first two weeks because I thought that it wouldn't last for a long time, so I decided to take it easy and enjoy the strange situation as much as possible.

02 HARD MOMENTS

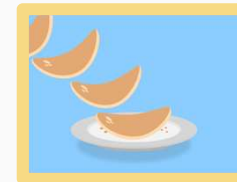
All the confinement has been difficult because I couldn't meet my friends and my daily routine changed completely.

03 MY BEST SUPPORT

During the quarantine, my family and friends have been my best support. My family has been always near me and thanks to the internet and mobile phones my friends have also been closer.

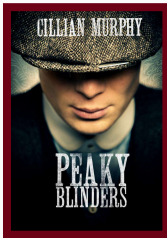
04 FAVOURITE LOCKDOWN MEALS

I love food! Therefore, I have learned to prepare tasty smoothies with bananas, berries and chocolate. My family and I have cooked pancakes, flans and cupcakes too.



MY FAVOURITE TV SERIES HAVE BEEN:

Peaky Blinders

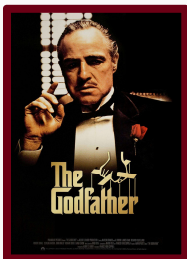


O sabor das Margaridas

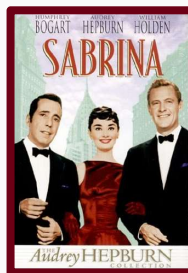


MY FAVOURITE FILMS HAVE BEEN:

The Godfather



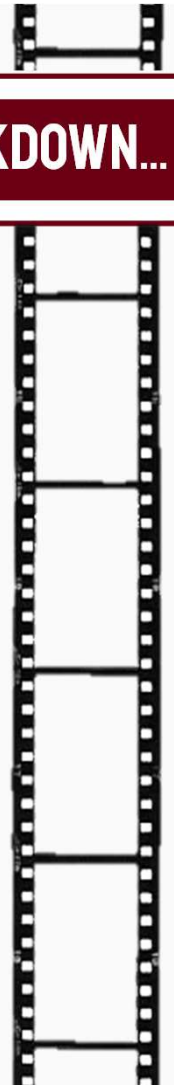
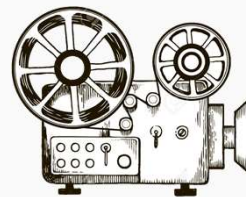
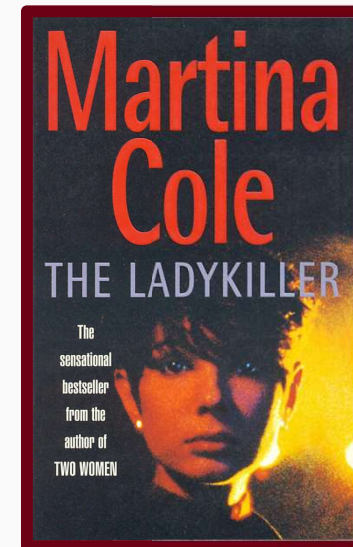
Sabrina (Audrey Hepburn)



BOOKS/FILMS/TV SERIES DURING THE LOCKDOWN...

MY FAVOURITE BOOK:

The Ladykiller



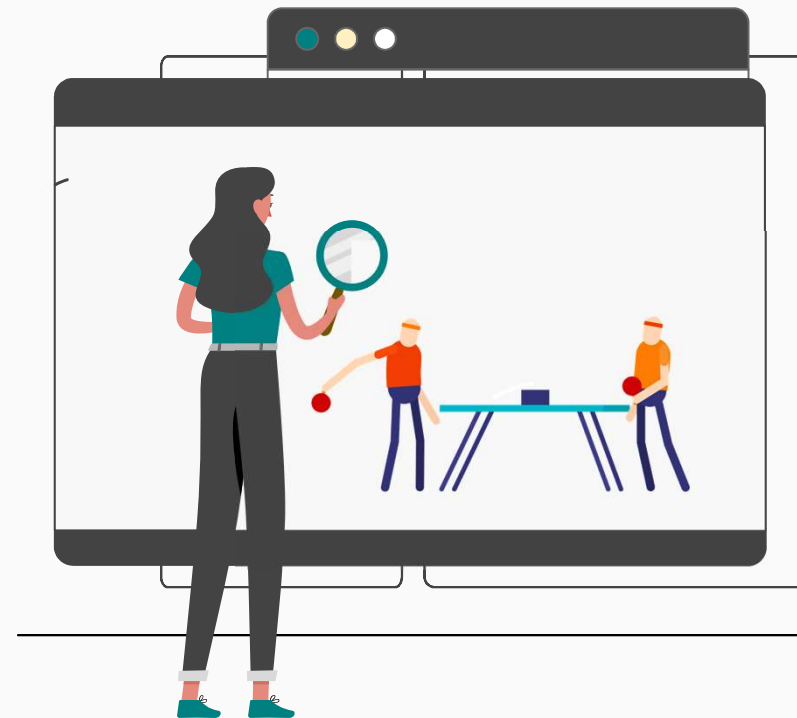
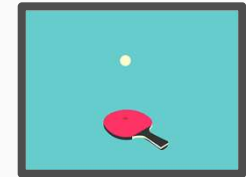
A funny anecdote that happened during the quarantine was that we created a different place to play table tennis.

When the confinement started we thought that playing table tennis would be a fantastic idea. We had the table tennis equipment, but we didn't have the table set up.

So, instead of setting up the table we decided that it would be interesting to play on the table that we use to have lunch.

That day was enjoyable and we laughed a lot!

A FUNNY ANECDOTE



POSITIVE LEARNING AND THE IMPORTANCE OF THE “LITTLE THINGS”

The coronavirus lockdown has helped us to open our eyes and value the little things of the day to day. It has been useful to take a break and think about our lifestyle.



As I said before, we have realised about the importance of the “little things” during the quarantine. Things like going to school every day and see your friends or doing the extra activities were a routine, but now we consider them as an essential need.



MORE ABOUT MY QUARANTINE EXPERIENCE ...

KEEP CALM

AND

CARRY ON

WHAT HAVE I MISSED THE MOST ?

What I have missed the most is horse riding, meeting my friends and visiting my grandmother.

WHAT IS THE WORST OF BEING CONFINED ?

The worst of being confined is that I can't visit my grandparents.



HOW DID I FEEL THE FIRST TIME I LEFT MY HOME?

The first time I left home was really strange... I felt like I was on a film! Everybody wore masks and they looked at you suspiciously, but I didn't care at all, I was happy because I finally got out of my home!



Paula Maceda Orfila

4thA

**THANKS, I HOPE YOU LIKED
IT!**

